# **Parent Education**

Sarah Ward - Executive Functioning

## Do you have a child who.....

Do you have a child who are disorganized and may not have the Ø materials they need or even turn in the homework they have completed? Ø Is their desk, room or locker a 'black hole' for papers and materials? Do you observe your child struggle to "stop and read the room" and meet the demands of the situation? S Or do you see your child who struggles to initiate complex academic assignments, procrastinate and then run out of time to do their 'best work'? Do you see your child who is constantly multitasking, so tasks/assignments take twice as long as they should? S Do you wish your child had a sense of urgency when it comes to time so that tasks are completed, and routines to get out the door or to the next activity or class happen on time? Does it seem that they have an inability to breakdown the demands of an assignment and have a sense of how to start? Ø Does your child seem prompt dependent? Are you constantly reminding them of the materials they need and the steps to take? Ē

#### If so, please keep reading!

We are so excited to announce that Sarah Ward will be presenting to our community on Thursday, January 20th. Sarah is an expert in translating complex ideas into practice strategies that work to improve executive function skills. Executive function is a set of mental skills that include working memory, flexible thinking, and self-control. We use these skills every day to learn, work, and manage daily life. Trouble with executive function can make it hard to focus, follow directions, and handle emotions, among other things.

#### I am very interested in attending.....

Sarah will be presenting to our parent community on January 20th at 6:00 pm. You can join the event by clicking <u>here</u>.

This event is sponsored by:

- Special Education Enrichment Development Foundation (SEED)
- District Parent Education Committee (DPEC)
- Lafayette School District







Sarah Ward, M.S., CCC/SLP Presenter

### About the Presenter

Sarah Ward, M.S., CCC/SLP has over 25 years of experience in diagnostic evaluations and treatment of executive dysfunction. Ms. Ward holds a faculty appointment at the Massachusetts General Hospital Institute of Health Professions. Sarah is an internationally recognized expert on executive function and presents seminars and workshops on the programs and strategies she has developed with her Co-Director Kristen Jacobsen. Their 360 Thinking Executive Function Program received the Innovative Promising Practices Award from the National Organization CHADD. She has presented to and consulted with over 1600 public and private schools in the United States, Canada and Europe.